

Check It Out (Main Radio Mix)

By; will.i.am & Nicki Minaj

Choreo; Dustin Stephan

DustinStephan.com

DustinStephan@gmail.com

Intermediate

Clog Routine

812.219.4950

*Wait 32 Counts**Left Foot Lead*

Section 'A'

Heel Walk Vine	8	DS H S H S H S H S H S H S H S L R L R L R L R L R L R L R L &1 & 2 & 3 & 4 & 5 & 6 & 7 & 8
Rocking Chair	4	DS KICK SL DS R S R L R L R L &1 & 2 & 3 & 4
Pivot Turn Left	4	STEP PIVOT STEP TCH R (fwd) BOTH (feet planted, turn ½ L) R L 5 6 7 8
Cowboy	8	DS DS DS BR SL DS R S R S R S L R L R L R L R L R L R L R &1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 [--TRAVEL FWD--] [--TRAVEL BKWD--]
2 Mountain Goats	8	DS R SR SR SDS R SR SR S L R(fwd) L R(ots) L R(bk) L R L(fwd) R L(ots) R L(bk) R &1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

^^REPEAT ALL OF 'A' STEPS TO FACE FRONT^^

CHORUS 'C'

Turkey Shuffle Left	8	H S S DS R S UP SHUFFLE SHUFFLE SHUFFLE UP L L R(xib) L R L R BOTH(left) BOTH(r) BOTH(left) R 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8
Turkey Shuffle Right	8	H S S DS R S UP SHUFFLE SHUFFLE SHUFFLE UP R R L(xib) R L R L BOTH(r) BOTH(left) BOTH(r) L 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8
Electric Slide	16	SS STCH STCH STCH STCH SBR S S S TCH L R(xib) L R R L L R R L L R R L R L 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 Moves forward, on last four counts circle around yourself to the left
Check it Heels	8	DS H H H H H S H UP L R L R L R L L L &a 1 2 3 4 5 6 7 & 8
Side Shuffle & Pivot	8	DS SHUFFLE S DS R S S PIVOT S TCH L L R(xib) L R L R(fwd) BOTH R L &1 & 2 & 3 & 4 5 6 7 8

^^REPEAT 'Check it Heels' and 'Side Shuffle' to FACE FRONT^^

Section 'B'

Clog Over Vine	8	DS DS DS DS DS DS DS R S
		L R (xif) L(ots) R(xib) L(ots) R(xif) L(ots) R L
		&1 &2 &3 &4 &5 &6 &7 & 8
Walk the Dog	4	DS DS H H R S
		R L R L R L
		&1 &2 & 3 & 4
Simone Stomp	4	DS DS S S SHUFFLE UP
		R L R L BOTH L
		&5 &6 & 7 & 8

^^ON WALK THE DOG AND SIMONE STOMP TURN 1/2 LEFT TO FACE THE BACK^^

^^REPEAT 'Clog Over', 'Walk the Dog' and 'Simone' TO FACE THE FRONT^^

Rocking Chair	4	DS BR SL DS R S
		L R L R L R
		&1 & 2 &3 & 4

Rock Out Clap	4	S S CLAP S S CLAP
During step		L R x L R x
turn 1/4 to the left		& 5 6 & 7 8

^^REPEAT 3 MORE TIMES TO END UP FACING FRONT^^

Section 'X' -BREAK-

Pivot to the Right	8	STEP PIVOT	STEP PIVOT
		L (fwd) BOTH (feet planted, turn 1/2 r)	L(fwd) BOTH
		12 34	56 78

4Poses	8	POSE POSE POSE POSE
		12 34 56 78

Default poses are four points; low left, low right, middle left, high right

ORDER; A C B C X A* X B C

****Section 'A' Addendum**

the second time doing section 'A' you will do a 'Slow Motion Heel Walk' instead of 'Heel Vine' while facing front;

Slow Motion Heel Walk	H S R S H S R S
	R L R L R L R L
	1 2 3 4 5 6 7 8

ORDER; A C B C X A* X B C