

Hey Soul Sister

Easy – Pop – Moderate

Record by: Train

Choreo by: Matt & Colleen Pearson, 3502 Saddlebrook Pl, Dublin CA 94568 azpride2@hotmail.com

Wait: 16 Counts

Part A: 32 Counts

1 Rockin Chair & Double Step Skip 3 DS-BR-SL(Turn ¼ R)-DS-RS DS-SL-S-SL-S-SL-S (Forward)
L R L R LR L L R R LL R
&1 & 2 &3 &4 &1 & 2 & 3 & 4

***** REPEAT ABOVE 3 MORE TIME TO FACE FRONT *****

Part B: 32 Counts

MJ DS-DS(XIB)-R-S-S-S-S-DS-DS-RS
L R LR LRLRL RL
&1 &2 & 3 4 & 5 &6 &7 &8

Karate Turn & Triple Basic DS-SL(Pivot ½ R)-S-SL DS-DS-DS-RS
R R LL R L R LR
&1 2 3 4 &1 &2 &3 &4

***** REPEAT ABOVE 1 MORE TIME TO FACE FRONT *****

Part C: 32 Counts

Samantha Turn & Stop Step DS-DS(XIF)-DR-S-DR-S-S-S-DS-DS-RS (Moving L and Turning ½ R)
L R R LL RLRL R LR
&1 &2 & 3 & 4 & 5 &6 &7 &8

2 Basics & Simone Stop DS-RS DS-RS DS-DS-ST-ST-DR-SL
L RL R LR L R L R B R
&1 &2 &3 &4 &5 &6 & 7 & 8

***** REPEAT ABOVE 1 MORE TIME TO FACE FRONT *****

Part D: 16 Counts

1 Cowboy Turn DS-DS-DS-BR-SL(Turn ½ L)-DS-RS-RS-RS
L R L R L R LR LR LR
&1 &2 &3 & 4 &5 &6 &7 &8

***** REPEAT ABOVE 1 MORE TIME TO FACE FRONT *****

End: 1 Count

1 Step S (with an Air Guitar Strum)
L
1

Sequence: A – B – C – D – A – B – C – D – D – C – ½ C – D – D – End

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Wait: 16 Counts

Part A:

1 Rockin Chair $\frac{1}{4}$ Left
1 Double Step Skip 3
Repeat 3 More Times to Front

Part B:

1 MJ
1 Karate Turn
1 Triple Basic Turn $\frac{1}{2}$ Right
Repeat 1 More Time

Part C:

Samantha (Vine L, Turn $\frac{1}{2}$ R)
Stop Step
Repeat 1 More Time

Part D:

1 Cowboy $\frac{1}{2}$ Left
1 Cowboy $\frac{1}{2}$ Left

Part A:

1 Rockin Chair $\frac{1}{4}$ Left
1 Double Step Skip 3
Repeat 3 More Times to Front

Part B:

1 MJ
1 Karate Turn
1 Triple Basic Turn $\frac{1}{2}$ Right
Repeat 1 More Time

Part C:

Samantha (Vine L, Turn $\frac{1}{2}$ R)
Stop Step
Repeat 1 More Time

Part D:

1 Cowboy $\frac{1}{2}$ Left
1 Cowboy $\frac{1}{2}$ Left

Part D:

1 Cowboy $\frac{1}{2}$ Left
1 Cowboy $\frac{1}{2}$ Left

Part C:

Samantha (Vine L, Turn $\frac{1}{2}$ R)
Stop Step
Repeat 1 More Time

Part C: Half

Samantha (Vine L, Turn $\frac{1}{2}$ R)
Stop Step

Part D:

1 Cowboy $\frac{1}{2}$ Left
1 Cowboy $\frac{1}{2}$ Left

Part D:

1 Cowboy $\frac{1}{2}$ Left
1 Cowboy $\frac{1}{2}$ Left

End:

1 Step w/ Guitar strum