

JAI HO! (You are my Destiny)

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Level: Easy Intermediate

Artist: A.R. Rahman & the Pussycat Dolls
Wait 16 beats

CD: Jai Ho! (You are my Destiny)
(Available for download on iTunes)

INTRO

2 Squats with "pray" hands	<u>Squat with hands in Pray Position</u>	<u>Step(tog)</u>	<u>Squat with hands in Pray Position</u>	<u>Step(tog)</u>
	R	L	L	R
	1 2 3 4	5 6 7 8	1 2 3 4	5 6 7 8

PART A

Joshua	<u>DT</u>	<u>Ball</u>	<u>Ball(xif)</u>	<u>Ball</u>	<u>Ball(os)</u>	<u>Ball(xif)</u>	<u>Ball</u>	<u>Slide</u>	<u>RS</u>	<u>Ball</u>	<u>Slide</u>	<u>RS</u>	<u>Ball</u>	<u>Slide</u>		
	L	L	R	L	R	L	R	R	LR	L	L	RL	R	R		
2 Joeyes	<u>DT</u>	<u>Ball</u>	<u>Ball(xb)</u>	<u>Ball(os)</u>	<u>Ball(os)</u>	<u>Ball(xb)</u>	<u>Ball(os)</u>	<u>Step(os)</u>	<u>DT</u>	<u>Ball</u>	<u>Ball(xb)</u>	<u>Ball(os)</u>	<u>Ball(os)</u>	<u>Ball(xb)</u>	<u>Ball(os)</u>	<u>Step(os)</u>
	L	L	R	L	R	L	R	L	R	R	L	R	L	R	L	R

PART B

Jai Ho Pose #1	<u>Step</u>	<u>Right Leg up in criss/cross over Left Leg</u>	<u>Hands in Pray position</u>
	L		
	&1	& 2 & 3 & 4	
Fancy Double	<u>DS</u>	<u>DS</u>	<u>RS</u> <u>RS</u>
	R	L	RL
Jai Ho Pose #2	<u>Step</u>	<u>Left Leg up in criss/cross over Right Leg</u>	<u>Both Hands facing palms in - left hand above right</u>
	R		
	&1	& 2 & 3 & 4	
Fancy Double	<u>DS</u>	<u>DS</u>	<u>RS</u> <u>RS</u>
	L	R	LR

CHORUS

Travelling Shoes (<i>Turn $\frac{1}{4}$ left</i>)	<u>DS</u>	<u>Heel Twist</u>	<u>Step</u>	<u>Heel Twist</u>	<u>Step</u>	<u>Heel Twist</u>	<u>Step</u>	-Arms come up in a "Y" & cross in front of face like an "X"
	L	R	L	R	L	R	L	
Triple	<u>DS</u>	<u>DS</u>	<u>DS</u>	<u>RS</u>				
	R	L	R	LR				

Repeat both steps 2 more times

Karate Turn (<i>Turn $\frac{1}{2}$ left</i>)	<u>DS</u>	<u>Kick Bend (<i>turn $\frac{1}{2}$ left</i>)</u>	<u>Step</u>	<u>Kick Bend</u>
	L	R	R	L
Fancy Double (<i>Turn $\frac{1}{4}$ left</i>)				

Repeat all steps to the front

PART D

Extended Time Step (a.k.a Long Train)	<u>Stomp</u>	<u>Ball</u>	<u>Ball</u>	<u>Stomp</u>	<u>Ball</u>	<u>Ball</u>	<u>Stomp</u>	<u>Rock</u>	<u>Stomp</u>	<u>Ball</u>	<u>Ball</u>	<u>Stomp</u>	<u>Ball</u>	<u>Ball</u>	<u>Stomp</u>
	L	R	L	R	L	R	L	L	L	R	L	R	L	R	L
Stomp Double	<u>Stomp</u>	<u>DS</u>	<u>DS</u>	<u>RS</u>											
	R	L	R	LR											
Apart Cross & Turn	<u>Jump both feet out</u>	<u>Jump cross right foot in front of left</u>	<u>Turn $\frac{1}{2}$ left</u>	<u>Chug/Clap</u>											
	BOTH	BOTH	BOTH	L											

Repeat all steps to the front

PART B*

Omit the last Fancy Double, and do a Step forward on the Left foot, and put both arms out front like a presentation

SEQUENCE: Intro A B A B Chorus D B A B A B Chorus D B B Chorus B B*