Ladies Choice
Easy Fun Dance that Takes 2 People
No hard footwork but whewwww you gotta like your partner
Music: Ladies Choice by Zac Efron (from the Hairspray Soundtrack)
Choreo: Jeff Driggs P. O. Box 1352, St. Albans, WV 25177-1352 www.doubletoe.com
Wait 16 beats left Foot Lead standing side by side 1 2
Part A
Beats Movement
8 Dancers 1 and 2 side by side do Charleston, then 2 basics 1 move CCW diagonally back behind 2, 2 move diagonally to front
8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning
8 Dancers 1 and 2 side by side do a Charleston, then 2 basics 1 move diagonally in front of 2, 2 move diagonally to back
8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side beginning position
8 Do a Mountain Goat then Twist to Left and Right
8 Drag Triples DS DR S DR S DR S DR S DR S R S turned 45 left then 45 right – opp hand goes up on drags
8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S S Jump - put hands on knees
8 Do the Hand Jive facing each other (slap knees x2, clap x2, hand over hand X2, fists x2, thumbs up R then L)
8 Do 2 basics passing right shoulder like do-si-do then run back to home to front with S S S S S Stomp
Repeat Part A
Beats Movement
8 Dancers 1 and 2 side by side do Charleston, then 2 basics 1 move CCW diagonally back behind 2, 2 move diagonally to front
8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning
8 Dancers 1 and 2 side by side do a Charleston, then 2 basics 1 move diagonally in front of 2, 2 move diagonally to back
8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side beginning position
8 Do a Mountain Goat then Twist to Left and Right
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8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S S Jump - put hands on knees
8 Do the Hand Jive facing each other (slap knees x2, clap x2, hand over hand X2, fists x2, thumbs up R then L)
8 Do 2 basics passing right shoulder like do-si-do then run back to home to FACE with S S S S S Stomp
Part B
Beats Movement
16 YIKES... slaps up down, side to side, thighs, clap, hands together swipe swipe swipe-n-stay, right hand clap middle, r clap up, r hand clap middle, r hand grab down, I hand grab down, right hand reach down to floor, raise up r hand up
8 two swivels each beat rotate clockwise 360 right hand waving (like jive/swing dancing)
8 let go run in place 4 both hands up, run straight ahead s s s s S Stomp
8 Drag Triples DS DR S DR S R S DS DR S DR S R S turned 45 left then 45 right – opp hand goes up on drags
8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S S Jump
8 Church Claps: S clap up left S clap up right S clap down left S clap down right, repeat 4 steps
8 Do a Fancy Double then a double and brush
Repeat Part or Part A!
Beats Movement
8 Dancers 1 and 2 side by side do Charleston, then 2 basics 1 move CCW diagonally back behind 2, 2 move diagonally to front
8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning
8 Dancers 1 and 2 side by side do a Charleston, then 2 basics 1 move diagonally in front of 2, 2 move diagonally to back
8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side beginning position and FACE

Repeat Part or Part B!
16 slaps up down, side to side, thighs, clap, hands together swipe swipe swipe-n-stay, right hand clap middle, r clap up, r hand clap middle, r hand grab down, l hand grab down, right hand reach down to floor, raise up r hand up
Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning
8 two swivels each beat rotate clockwise 360 right hand waving (like jive/swing dancing)
8 let go run in place 4 both hands up, run straight ahead s s s s Stomp
8 Drag Triples DS DR S DR S R S DS DR S DR S R S turned 45 left then 45 right – opp hand goes up on drags
8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S DS S STAMP

Step sequence that we’ll be doing in class for demos:

**Part A**
Charleston, 2 Basics, Scissors, 2 Basics

*Repeat*
Mountain Goat, Twist Left & Right
Drag Triples, 2 Basics, Jump Joey
Hand Jive, 2 Basics, S S S S S Stomp

**Part A**
Charleston, 2 Basics, Scissors, 2 Basics

*Repeat*
Mountain Goat, Twist Left & Right
Drag Triples, 2 Basics, Jump Joey
Hand Jive, 2 Basics, S S S S S Stomp

**Part B**
Yikes
Swivels (swing dancing), Kick Kick Outkick Kick, S S S S S Stomp
Drag Triples, 2 Basics, Jump Joey
Church Claps, 2 Basics, S S S S S Stomp

**Part A**
Charleston, 2 Basics, Scissors, S S S S S Stomp

*Repeat*

**Part B**
Yikes
Swivels (swing dancing), Kick Kick Outkick Kick, S S S S S Stomp