



# LOSE CONTROL (radio edit)



Artist: Hedley  
September 2016

Album: Hello (Deluxe)

Level: Intermediate/Pop  
Available for download on iTunes

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## **Wait 16 beats**

### **PART A**

Sam CLAM  
Stomp Double  
Triple

### **PART B**

Kicking Vine  
Vine Rock Slur  
Long Snake in the Grass  
Kicking Vine  
Vine Rock Slur  
Triple Brush Forward  
Slur it Back

### **CHORUS**

Coalmine (*option: turn  $\frac{1}{2}$  left*)  
2 Burton Switches  
Morris Step  
***Repeat all steps (with option: to front)***

### **PART A\***

MJ  
Rock Pivot & a Basic (*turn  $\frac{1}{2}$  left*)  
Triple  
Sam CLAM  
Stomp Double Pause Turn (*turn  $\frac{1}{2}$  left*)

### **PART B**

Kicking Vine  
Vine Rock Slur  
Long Snake in the Grass  
Kicking Vine  
Vine Rock Slur  
Triple Brush Forward  
Slur it Back

### **CHORUS**

Coalmine (*option: turn  $\frac{1}{2}$  left*)  
2 Burton Switches  
Morris Step  
***Repeat all steps (with option: to front)***

### **INSTRUMENTAL**

Clamato (*turn  $\frac{1}{2}$  right*)  
2 Hard Steps  
***Repeat both steps to front***

### **PART B\***

Simone Travel (*turn  $\frac{1}{2}$  left*)  
Long Snake in the Grass  
Simone Travel (*turn  $\frac{1}{2}$  left*)  
Triple Brush Forward  
Slur it Back

### **CHORUS**

Coalmine (*option: turn  $\frac{1}{2}$  left*)  
2 Burton Switches  
Morris Step  
***Repeat all steps (with option: to front)***

### **CHORUS\***

Coalmine (*no turn*)  
2 Burton Switches  
Morris Step

# STEPS TO "Lose Control"

Sam CLAM	<u>DS DS(xf) Drag Step Drag Step RS DS Rock Step/Slur(b) Step/Slur(b)</u> L R R L L R LR L R L / R R / L
Stomp Double	<u>Stomp DS DS RS</u> L R L RL
Triple	<u>DS DS DS RS</u> R L R LR
Kicking Vine	<u>DT Step/Kick Ball(os) Ball(xf) Ball(xb) Step/Kick Ball(os) Step(xf)</u> L L / R R L R L / R R L
Vine Rock Slur	<u>DS DS(xb) Rock Heel(w) Slur Step</u> R L R L R R
Long Snake in the Grass	<u>DS Heel Twist(w) Step RS Heel Twist(w) Step RS Heel Twist(w) Step DS RS</u> L R L RL R L RL R L R LR
Triple Brush (fwd)	<u>DS DS DS Brush Up</u> L R L R
Slur it Back	<u>DT Step/Slur(b) Step/Slur(b) Step RS</u> R R / L L / R R LR
Coalmine <i>(option: turn <math>\frac{1}{2}</math> left on 3 kicks &amp; Basic)</i>	<u>Drag Step Drag Step RS Kick(xf) Kick(os) Kick(xf) DS RS DS Step Step</u> R L L R LR L L L L RL R L R & 1 & 2 &3 &4 &5 &6 &7 &8 &9 & 10
	<u>Drag Slide Click Heels Together Drop Heels Click Toes Together Snap RS Kick(xf) Kick(os)</u> BOTH BOTH BOTH BOTH R LR L L & 11 & 12 & 13 &14 &15 &16
2 Burton Switches	<u>DS DS DT Heel Heel Chug/Slide DS DS DT Heel Heel Chug/Slide</u> L R L R L L / R L R L R L L / R
Morris	<u>DS DT(xf) DT(xb) Toe(b) Heel(f) Pause Heel Snap Step DS RS</u> L R R R R R R R L R LR
MJ	<u>DS DS(xb) Rock(os) Step Step(xb) Rock(os) Step Step DS RS</u> L R L R L R L R L RL
Rock Pivot & a Basic <i>(turn <math>\frac{1}{2}</math> left)</i>	<u>Rock Heel Pivot(<i>turn <math>\frac{1}{2}</math> left</i>) Step DS RS</u> R L R L RL
Stomp Double Pause Turn	<u>Stomp DS DS Pause Drag Toe around(<i>turn <math>\frac{1}{2}</math> left</i>) Step RS</u> L R L R R LR 1 &2 &3 &4&5& 6& 7 &8
Clamato <i>(turn <math>\frac{1}{2}</math> right)</i>	<u>DS Slur Step(xb) DS DS(xf) Step(xb) Step (<i>turn <math>\frac{1}{2}</math> right</i>) RS Brush Up</u> L R R L R L R LR L
2 Hard Steps	<u>DT(b) Brush Up DS RS DT(b) Brush Up DS RS</u> L L L RL R R R LR