

Thanks a Lot

Music: Thanks a Lot by Robert Mizell, 2:54 mins

Album: Thanks a Lot

Level: Low Beginner

Choreographer: Karen Tripp, karen@trippcentral.ca (November 2014)

SEQUENCE: Wait 16 A B C 1/2A* B B End



PART A (64 beats)

- (8) 2 Triples
- (8) 2 Rocking Chairs ¼ L on ea
- (8) Cowboy
- (2) 2 Double Steps
- (2) 2 Toe Heels
- (2) 2 Double Steps
- (2) 2 Toe Heels

Repeat all with same footwork to face front

PART B (32 beats)

- (8) 2 Unclog Basics
- (4) 1 Pushoff Left
- (4) 2 Basics
- (4) 1 Pushoff Right
- (4) 2 Basics
- (4) 1 Triple Kick Forward
- (4) 1 Triple Back

PART C (32 beats)

- (8) Clogover Vine Left
- (4) 2 Basics
- (4) 1 Turning Pushoff ½ Right

Repeat with same footwork to face front

Repeat Part 1/2A*: [2 Triples, 2 Rocking Chairs ¼ L on ea, 1 Cowboy Turn ½ L,
(Turn Cowboy ½) 2 DS, 2 Toe-Heels, 2 DS, 2 Toe-Heels]

Repeat Part B: [2 Unclog Basics, 1 Pushoff L, 2 Basics, 1 Pushoff R, 2 Basics, Triple KK fwd, Triple Bk]

Repeat Part C: [2 Unclog Basics, 1 Pushoff L, 2 Basics, 1 Pushoff R, 2 Basics, Triple KK fwd, Triple Bk]

ENDING

- (4) 1 Pushoff Left
- (2) 2 Basics

Repeat with opposite footwork

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Thanks a Lot, Choreographed by Karen Tripp, karen@trippcentral.ca

Step Breakdown

(4) Triple	DS R &1	DS L &2	DS R &3	RS LR &4					
(4) Rocking Chair ¼ L	DS L &1	Br(up) 1/4L/H R/L &2		DS R &3	RS LR &4				
(8) Cowboy ½ Left	----- moving forward -----					----- moving back -----			
	DS L &1	DS R &2	DS L &3	BrUp(1/2L)/H R/L &4	DS(xif) R &5	RS LR &6	RS LR &7	RS LR &8	
(2) 2 Double Steps	DS &1	DS &2							
(2) 2 Toe Heels	Toe L	Heel L	Toe R	Heel R					
(4) 2 Basics	DS L &1	RS RL &2	DS R &3	RS LR &4					
(4) 1 Pushoff Left	DS L &1	RS RL &2	RS RL &3	RS (moving left) RL &4					
(4) 1 Pushoff Right	DS R &1	RS LR &2	RS LR &3	RS (moving right) LR &4					
(8) 1 Clogover Vine	DS L &1	DS(xif) R &2	DS(ots) L &3	DS(xib) R &4	DS(ots) L &5	DS(xif) R &6	DS L &7	RS RL &8	
(4) 1 Unclog Basic	Sta L &	Sto L 1	Sk R &	Lift/H R/L 2 &3	DS RL &4	RS			
(4) Triple Kick	DS L &1	DS R &2	DS L &3	KK(lift) R &4					

Legend

Br(up): Brush Up
DS: Double Step
f: Front
H: Heel click
Lift: Bend knee and lift leg
ots: Out to side
RS: Rock Step

S: Step
Sk: Skuff
Sta: Stamp (no weight)
Sto: Stomp (with weight)
T: Toe
xib: Cross in back
xif: Cross in front